Fast, tricky passages- Practice Tips

1. Brainwash Method: increase metronome one click at a time
2. Zig-zag Method: Metronome at 60, 80, 72, 92 (for example)
3. Twice as fast Method: Metronome at 16th note= 60, then 8th note=60, 16th note = 63, 8th note = 63
4. Add One Method: Play 4-5 notes or one measure at a time, in tempo. Repeat 3 times. Play next 4-5 notes or measure, in tempo. Repeat 3 times. Play two little sections together. Keep adding little sections.
5. Backwards Method: Play last 4-5 notes or one measure, in tempo. Repeat 3 times. Play previous 4-5 notes or one measure, in tempo. Repeat 3 times. Play two sections together. Keep adding sections backwards.
6. “Eye of the Storm”: Start in the middle and work outwards.
7. “Truth or Dare”: Play with the metronome at the target tempo. Are you messing up? That’s ok, work with the metronome, moving back one one click at a time until you truthfully tell yourself you can play it accurately. Then work back up to tempo!
8. Silent fingering: with metronome (with or without silent bow).
9. “Soaring Eagle Work-up”: (This is an efficient way to practice, once you know a piece well.) Start with the metronome much slower than the target tempo. Play tricky passage 1. Increase the click and play tricky passage 2. Keep moving forward with tempo & passages while “soaring” over the piece.